

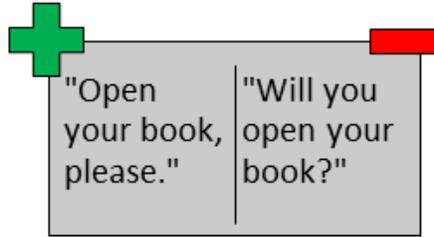
MONTHLY TIP

OCTOBER

HOW TO GIVE INSTRUCTIONS SO THAT YOUR STUDENTS LISTEN TO YOU

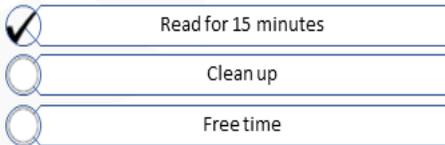
SOMETIMES WE HAVE STUDENTS THAT HAVE A DIFFICULT TIME FOLLOWING INSTRUCTIONS. YOU MAY FIND YOURSELF REPEATING INSTRUCTIONS SEVERAL TIMES AND GIVING PROMPT AFTER PROMPT TO GET HIM/HER TO LISTEN TO YOU. BELOW ARE A FEW STRATEGIES THAT, OVER TIME, WILL HELP ENCOURAGE YOUR STUDENTS TO LISTEN RIGHT AWAY, THE FIRST TIME.

Tell rather than ask. If you ask your student to do something, it gives him/her the opportunity to say no. Instead, tell your student what you want him/her to do. Be polite.



Only give instructions you are willing and able to follow through with. To get to a point where a student follows your instructions consistently, it is important that you ensure the student completes each instruction you give. At first, this might mean giving fewer, easier instructions.

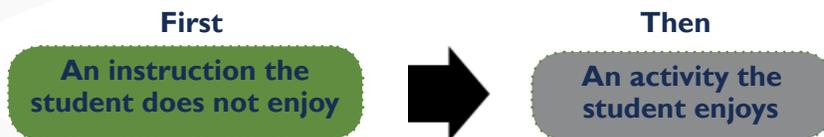
Follow through. Make sure that you follow through if you give an instruction. You may 'wait it out' by ensuring that the instruction gets completed before moving on to the next scheduled activity or use prompting.



Follow through with (wait out) clean up before moving on to free time.

Only give instructions one time. Repeating an instruction more than once might teach the student that he/she does not need to listen to you right away the first time, every time. Ideally, give the instruction once and follow through.

Use 'first, then' language. For instructions the student historically does not like to do, schedule something fun for right after completing the instruction. Remember to do this before the student resists, proactively. It's just like Grandma's rule! 'First, eat your peas, then you can have a cookie.' The less the student likes the instruction, the cooler the activity following it should be.



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BEHAVIOR SERVICES

For more information:



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www.swsc.org/behavior

Upcoming Events Behavior Conference

Monday, April 9, 2018

Marshall, MN

or

Tuesday, April 10, 2018

Brookings, SD

~Registration Coming Soon~

Please welcome our
new Behavior Specialist:
Robert Beringer!

