iPad Apps for Family and Consumer Sciences

by Carol Erwin February 2012

- some are iPhone/iPod apps you can use on iPad
 - all are free unless noted
 - pro versions are available for many

Sorted into categories: Child Development, Consumer Ed., Home, Fashion & Clothing, Health, Relationships, Careers, Foods & Nutrition, Housing & Interior Design and Various Classroom Apps

Child Development

Hello Baby – shows development throughout pregnancy with pictures you can swivel, descriptions of baby's development and pregnancy along the way

Pregnancy Sprout Lite – pictures of development, touch on picture for explanations of what is happening at each time

Baby Center Birth Class – talking video online birth class

Genetics – list A-Z of birth defects and info. about them

Gerber Journal Birth+ (iPhone app) – like an online "baby book", you have to sign in to record video, pictures, take notes, etc. for baby – without signing in there are a few good videos about feeding infants, breastfeeding & pumping, etc.

Parenting Ages & Stages – articles on child development topics for all ages & stages Baby Sign and Learn – flashcards with items and baby signs on them

Carve a Pumpkin (from Parents) – create faces on a pumpkin, like pumpkin carving but on the iPad! – fun (lots of others like this if you search for them)

Baby Name Playroom – Search the most popular baby names of the past 130 years using Social Security data.

Embryo – find videos, images and resources on embryo development, very detailed

Consumer Ed.

Consumer Recalls - all US consumer recalls

CarZen – search for new/used cars

Loan Payoff Calculator – enter amount, interest, pymt or desired months til debt free

RedLaser – scan a barcode and compare prices online and local stores

ShopSavvy – scan a barcode and compare prices online and local stores

CountingMoney – it gives you a total and you have to count the money to equal it, quizzes you and checks, gives you a grade, depending on the settings you put in

ChoiceMaker – can't make a decision, use this to tell you YES or NO

Home

RealSimple – checklists for cleaning, organizing, household planning, travel & style, entertaining and weddings – you can save them then modify them and create your own Good Housekeeping @ Home - stain buster, do-it-all cleaning, home décor gallery (lots of neat pictures), news & tips

Fashion & Clothing

Fashion Closet (ModiFace) - take pics of your own clothes, then mix and match your wardrobe

F Network – fashion show video clips

Tide Stain Brain – help with all types of stains

How to Tie a Tie – free – step by step on many types of knots

QuiltCalc – everything to do with measuring for quilts

MovieCostume – take a picture of someone and then dress them up with wigs, etc.

Style.com – see all the lastest fashion shows (no video, just pics)

Fashion Fix Lite – try dressing the girl with style, get rated for your choices

Dress Bieber – dress Justin Bieber for fun

Best Hair – videos on how to do hair – hair with face shape, etc.

Tie Die Doodle - .99 – make tie dye shirts, shows how to do the design, put the rubber bands on, colors and how it might turn out

PuriPhoto – take pics and decorate them up, fun for designing a t-shirt to see what it would look like on you, add glitter, hearts & other shapes

Health

SCDF First Aid – look up first aid topics and how to treat

WebMD – symptom checker, conditions, drugs & treatments, first aid info., local health listings – good basic health info.

HealthTap – **SIGN UP** – have to be online, can ask dr. questions, look up health answers to questions

LOL for Health – shake your iPad, it will tell you how many calories you've burned and then a health type joke

Better Health Channel – lots of info and fact sheets for a variety of health conditions, be aware it's from Australia, so emergency info. would be for their country

Health Tips – variety of health tips

Everyday Health – health tips & info. on A-Z topics

Breathe2Relax – learn the effects of stress on the body and exercises to help manage and reduce stress, choose your own relaxation pictures and music and it will lead you through a breathing exercise and you rate your stress

My Age – fun way of looking at lifestyle choices, series of questions and results are an age and your focus (don't think it's reliable as far as real age, but fun anyway)

3D Brain – look at the parts of the brain, lets you turn it and label it

CDC - Centers for Disease Control - look at health articles, blogs and more

QuitGuide - tips on how to quit smoking and the dangers of tobacco use

Relationships

Love Is Not Abuse (iPhone app) – can't do simulation on an iPad, but can download handbooks and get info. and statistics

Break Up - lots of ads, reading tips for breaking up, most are very solid

A Love Test – just for fun, put 2 names in and it calculates chance % of success

Careers

Monster HD Interviews – great tips for job interviewing, questions, etc.

Leadership - Concordia University – Identify your core leadership values sort

Foods & Nutrition

Epicurious – search recipes by meal, cuisine, dietary consideration, then select as favorites, select and items go into your shopping list

Betty Crocker – meal finder, put in what you have and what meal you're making, it will find a recipe for you or browse the recipes it has

Easy Recipes – with how-to videos for recipes

AllRecipes.com - has a dinner spinner, select dish type, ingredients, ready in and spin for recipe that fits or just search for any recipe

iSmoothie Free - tons of smoothie recipes

Merillat Kitchen Helper – substitutions & conversions

Nutrition+ - tips for good nutrition, flip through

Food Meter Free – you pick a food, it tells you the nutrition info. and gives it a score, tells you whether you should eat it or not!

ILoveVeggies – lists of veggies with nutrition info, can look up veggies by nutrient

MyFood - Nutrition Facts - you pick the food, it tells you the nutrition facts for it

Eat This, Not That The Game – lets you play the game, gives you foods and you pick which one is better

Fast Food – lists fast food restaurants, choose your items to see calories and nutrition info.

Fooducate – scan a barcode on a food and get nutrition info. on it

Calorie Counter – lists tons of foods with nutrition info.

Weight Loss – gives weight loss tips, one at a time to scroll through – tips are reliable – can't log in unless you're a paid member, but can access recipe, success stories, articles, see how their cheat sheets work for food & points

Ideal Weight – input your height & weight to figure BMI and Ideal Weight

Lose It! – set goals, input your stats, keeps track of exercise & calories in, charts your progress towards goals

Cooking Academy – game – gives you foods to make and you have to successfully make one to move on to the next, good practice for the concepts of working in the kitchen

The Doodle games – for example Cake Doodle, Cookie Doodle - .99 each – they make cakes and cookies and decorate them, then can share through e-mail, etc. --- these actually have the amounts and you put them in the bowl (sifting flour, cracking eggs, mix, put in oven, etc.) – it would be interesting to see if these are real recipes and would turn out if you tried them, if so this would be great practice before going into the kitchen to make an item

FoodRecalls – FDA consumer health info.

Housing & Interior Design

Houzz- Home Design - This App has over 60,000 photos and 130,000 ideabooks, Houzz has the largest database of home design ideas on the net. Browse photos by style, room and location and save them to your virtual idea book — it's the equivalent of clipping design magazines to a scrapbook — making ideas easier to search, save, and share. Experience Houzz.com as an iPad app and save your photos locally for offline access.

iScape Free – can take pictures of your landscaping and put items in it, upgrade it for \$4.99 and it gives you a ton of choices for landscaping

ColorUncovered – some fun "illusion" type things to look at and other info. about color **TourWrist** – take "tours" with your iPad of various places, including interiors, around the world **HGTV Color Guide** – shows colors, before and afters of rooms, lots of neat pics of interiors **HGTV to Go** – HGTV videos at your fingertips

Various Classroom Apps

Giant Timer – set the time or stopwatch and push start, can hook up to projector just have in visible spot for students to see

Timer+ - set the timer and let it run

Chronolite – can set multiple timers to run all all at the same time

iFlash Free, gFlash+, Quizard Lite, Flashcarlet, Flashcards – all flashcard apps, make flashcards here or make them on the website (quizard or studystacks) and then download to iPad

Animoto – create a slideshow with your pics

Science 360 - videos on tons of science topics, for example I watched a video on how they make nylon 6:30 (useful for fibers & textiles in Clothing/Fashion)

Bamboo Paper – take notes with your finger

Mouse Lite – use your iPad as a remote for your computer

Great Telepromter (O Reilly)– type in your script and have a student read it like a TV reporter on the scene

PowerTeacher?

ABCNotes – sticky notes for you to make lists, etc.

myHomework – keep track of your homework, done, completed, calendar

Mag.Glass – magnifies what you're pointing at and can take a picture of it