

Driving Directions

From the North: Driving on Hwy 23 South, the SMSU Campus will be on your right as you enter Marshall.

From the South: Driving on Hwy 23 North, the SMSU Campus will be on your left following the intersection with Hwy 19.

From the East: Driving on Hwy 19 West, the SMSU Campus will be through the intersection w/Hwy 23 & first right hand turn before Comfort Inn.

From the West: Driving on East College Drive East, the SMSU Campus will be on your left-turn at Comfort Inn. (Arby's will be on the right)



*The Workshop was made possible by:
SW/WC Service Cooperative
Division of Teaching and Learning
and Southwest MN State University*

**SW/WC Service Cooperative
1420 E College Drive
Marshall MN 56258**

No More Meltdowns:

*Positive Strategies for
Managing and Preventing
Out of Control Behavior*



By Dr. Jed Baker

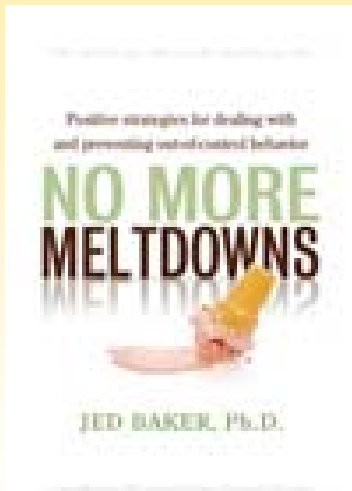
June 2, 2009

8 a.m. - 3 p.m.

*Southwest Minnesota
State University
Conference Center
1501 State Street, Marshall MN*



Dr. Jed Baker has been a clinical psychologist since 1992. Dr. Baker earned his M.A. and Ph.D. in clinical psychology from the State University of New York Albany. Author of four noted books, *The Social Skills Picture Book*, *Social Skills Training, Preparing for Life*, *The Social Skills Picture Book for High School and Beyond*, plus his latest release *No More Meltdowns*. He is also director of the [Social Skills Training Project](#) and Social Skills Training for Millburn Schools, as well as an advisory board member for ASPEN (an information network for parents of children with Asperger Syndrome).



It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning *Social Skills Picture Book* series, Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. His 20+ years of experience working with children on the autism spectrum, combined with his personal experiences raising his own children, have yielded time-tested strategies, and results!

Dr. Baker offers an easy-to-follow, 4-step model that will improve your everyday relationships with the children in your life:

- 1) Managing your own emotions by adjusting your expectations,
- 2) Learning strategies to calm a meltdown in the moment,
- 3) Understanding why a meltdown occurs, and
- 4) Creating plans to prevent future meltdowns.

He shares ways to motivate both verbal and nonverbal students to willingly engage in social interactions. The use of humor and engaging, fun activities is described and demonstrated throughout his dynamic presentation.

Agenda

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|--------------|--------------------------------|
| 8—8:30 a.m. | Registration and Refreshments |
| 8:30—9 a.m. | Introduction and Announcements |
| 9—11:30 a.m. | Dr. Baker |
| 11:30—12:30 | Lunch (provided) |
| 12:30—3 p.m. | Dr. Baker |

**** 10 books—"No More Meltdowns" will be given away at the end of the day.**

***Must be present to win!**

Target Audience:

Parents, early childhood educators, pre-service educators, special educators, regular educators, and anyone working with children who display challenging behaviors.

Registration fee:

\$25 members of SW/WC Service Cooperative
Regions 6/8
\$50 those outside of Region 6/8
*registration fee includes breakfast and lunch

PLEASE NOTE:

Parents will receive a \$50 stipend to help cover the cost of the registration and travel expenses!!! It will cover the \$50 registration fee for those outside Region 6 & 8.

Registration:

We request that you register online at www.swsc.org. Click on Workshop/Seminars-look for **No More Meltdowns** Workshop and follow registration directions. If you do not receive an e-mail confirmation either your email address was entered incorrectly or all the required fields were not filled in. **You may not be registered if you do not get an e-mail confirmation!** Please register by May 26, 2009. **Limit of 200.** If you have any questions about workshop registration or need assistance, please contact Marilyn Labat at 1-507-537-2249.

Cancellations:

Must be received in writing prior to or on May 26. Fax to 507-537-7327, email to marilyn.labat@swsc.org or mail to Marilyn Labat, SW/WC Service Cooperative, 1420 E College Drive, Marshall, MN 56258. No refunds after May 26, 2009. All "No Shows" will still be billed.

CEU: 5 CEU Clock Hours will be given



If you need any type of accommodations to participate in this workshop, please contact Marilyn Labat at (507) 537-2249 at least 10 working days prior to the event.